

JOURNEY to HOPE

Bi-Annual Bulletin April 2021

Message from the President & CEO



When a crisis occurs, one can only hope they have fully prepared for it. As the pandemic disproportionately affected people with substance use disorder (SUD), Serenity Lane was well suited to treat those with conditions particularly sensitive to isolation. Medical Director Dr. Eric Geisler, Psychiatrist Dr. Joel Breen, Mental Health Director Dr. Cheryl Gifford and a cadre of seasoned, licensed and certified mental health and SUD counselors have cared for a growing number of individuals with lives ransacked by addiction. As in any sustained crisis, professionals capitalize on the opportunity to learn through the intensity of need and to improve on the effectiveness, quality and compassion of their therapy. This is exactly how our practitioners approached their work over the last year and the great value of our lessons will be the legacy of the pandemic.

At Serenity Lane, we transform lives through the treatment of addiction, confident that recovery is possible.

Today, many families with a loved one suffering in an addiction want hope that a life can be reclaimed and a family brought back together. Sobriety and recovery are achievable, and our experience of the last year has demonstrated it.

Thank you for your devotion to Serenity Lane, our mission and our patients.

Pete Kerns

An Unexpected Journey

A loving spouse, a vibrant young child, a home of her own and a successful career. Eleven years ago, Linda would tell you this was once her story. That not that long ago she had it all. But a series of unfortunate events, including some well-intentioned prescriptions from her doctor, led to her losing it all. Serenity Lane was there to catch her fall, even providing a few extra days of residential treatment as she weathered the loss of a parent in the infancy of her sobriety, something she is "forever grateful" for. With your assistance, Serenity Lane was also able to help Linda with her remaining bill, and those two pieces were just some of the building blocks Linda used to put her life back together. She re-married this year and bought a house with her new husband. She has a new child who keeps her busy and a fulfilling and thriving career. Your gifts not only help with financial stressors but they also let people like Linda know they are not alone in their recovery. With your help, Serenity Lane is able to save lives and put families back together.



Give the Gift of Hope

For many, by the time they pick up the phone to seek treatment, they are at a loss for how to get out of the hopelessness they feel from the disease of addiction. The financial barrier for treatment can be an overwhelming roadblock for some. The Patient Aid Fund helps remove at least one obstacle to a renewed life.

We invite you to give the gift of hope by contributing to the Patient Aid Fund or Area of Greatest Need. Join Serenity Lane's mission to transform lives through the treatment of addiction. Help us provide critical tools for good physical, mental and emotional health for our patients and their families.

Ways to Give:

Online: serenitylane.org/donations

Mail: Send check (payable to Serenity Lane) to
Serenity Lane, P.O. Box 8549, Coburg, OR 97408

Phone: (541) 284-8618

Thank You

At Serenity Lane, we are committed to staying in touch with you so that you can be an informed partner in the work we are doing. Work that, quite simply, could not be done without your generous support!

You are receiving this bi-annual bulletin, Journey to Hope, because you are a valued supporter of Serenity Lane. The most cost-effective way to share this with you is via e-mail but our records are not complete.

If you would like to receive Journey to Hope electronically or If you do not wish to receive future communications from the Development Office, please contact Suzanne Graf, Director of Development, sgraf@serenitylane.org or 541-284-8618.



CSA 2021: October 20 – Save the Date!

We are excited to share that Serenity Lane will be hosting a hybrid event for the **10th Annual Community Service Awards**. We hope you will make plans to join us in this celebration of organizations and individuals who support and serve those who struggle with a substance use disorder. If you would like to nominate someone to be recognized for their work in addressing drug and alcohol addiction, contact Stephanie Edwards, Alumni & Community Relations Manager, at sedwards@serenitylane.org.

Serenity Lane Webinars

Ongoing education and engagement for alumni, families and the general public are critical for a healthy community-wide response to the disease of addiction. The following free webinars will be presented in the coming months:

Parenting in Recovery: Positive Approaches to Early Childhood

Presented by Aoife Rose Magee, PhD. in partnership with Parenting Now, this session will explore positive strategies to balance sobriety with parenting.

Dr. Eric Geisler, Serenity Lane, and Dr. Katharine Marshall, OHSU

This webinar will focus on alcohol treatment and, specifically, increased consumption amongst women.

Beyond the Brink

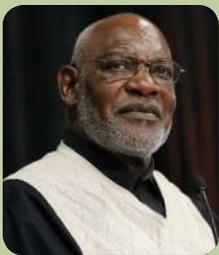
Wondering if you or a loved one have gone too far with drinking or drug use? Experts at Serenity Lane will share the signs to look for and how to get help.

To register or learn more about these and future webinars, contact Stephanie Edwards, Alumni & Community Relations Manager, at sedwards@serenitylane.org.

 **SERENITY LANE**
Alcohol & Drug Treatment Services
P.O. Box 8549
Coburg, OR 97408

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The Dwight Lee Spiritual Center

After having put a hold on construction this past year, we are back on track to finalizing plans for the spiritual center which will be housed in a 1,400 sq. ft. yurt. The center will be named after Dwight Lee, a wise and compassionate man who served as the Spiritual Advisor at Serenity Lane for many years. Dwight's leadership and care helped many patients in their recovery process and this new building will provide patients a tranquil, healing space for meditation, reflection and spiritual practice.

We look forward to inviting you to join us for a celebratory opening later this year.



Welcoming Families Back

We are excited to welcome families back to the Coburg campus for visitations as of the first weekend of April. We will also increase Serenity Lane's Family Services by the end of the month, as long as county COVID numbers continue to stay low.

Research indicates that substance use treatment that includes family therapy works better than treatments that do not. Unique to treatment programs in our area, the Family Services Program at Serenity Lane provides education, therapy and support designed to repair relationships, build communication and improve patient outcomes. Family services are offered throughout all levels of care, including our residential, day treatment and outpatient programs.

Bringing families back together is one aspect of fulfilling the Serenity Lane mission to transform lives through the treatment of addiction.