



Serenity Lane  
Alcohol & Drug Treatment Services

# JOURNEY to HOPE

## Message from the President & CEO



In 2018, April was designated the National Month of Hope by Mothers in Crisis, a non-profit social services organization founded by Rosalind Tompkins. Originally started as a support group for women, it grew into an organization that provides community-based prevention and intervention for drug rehabilitation. Through their campaign, their goal was to encourage people to share their stories of hope to help families devastated by addiction.

Serenity Lane's own story began when a young boy – my father, Dr. Tom Kerns – was left alone after his mother and two siblings died of an illness that today could have been cured, and later his father died of alcoholism. Through the loss of his family and an astonishing will to serve others, Serenity Lane was born and countless individuals and families no longer suffer from this terrible disease.

At Serenity Lane, we are humbled to have treated more than 68,000 individuals over the last 50 years.

While our hope is that someday our services will no longer be needed, as long as they are, Serenity Lane will be here.

Pete Kerns

## A Happy Ending Was Just the Beginning

To hear Doug tell his story of life before he got sober is to feel as if you are watching an action movie. From fast cars to drug running to multiple marriages, he repeatedly survived the unsurvivable. However, there was always a shadow. In 2006, when faced with losing out on living a full life with the woman of his dreams, Doug finally decided to enter treatment.

At Serenity Lane, he found a friendship that laid the foundation to a new life. He got sober and Dwight Lee, Serenity Lane's Spiritual Advisor, presided over Doug's wedding to that dream woman. And in return, Doug sat with Dwight as his friend left this world. Doug now lives a rich and full life with his wife and gives back to the recovery community and Serenity Lane regularly - having returned to speak over 300 times.

Before Doug speaks to Serenity Lane's residential guests in Coburg, he visits the paving stone made in honor of Dwight on campus and located in front of the pond to let Dwight that know he is continuing the work. Thanks to your support, the Dwight Lee Spiritual Center will provide space for more patients to find the foundation of their recovery.



## Serenity Lane FOUNDER'S FUND FOR PATIENT AID

The financial barrier for treatment can be an overwhelming roadblock for some. Whether it is help with a co-pay or with an extension when insurance runs out, gifts to the Founder's Fund help those looking to live a life free from the disease of addiction. The funds are available for immediate use at the discretion of Serenity Lane's Executive Leadership. This fund is supplemented by annual distributions from the Thomas A. Kerns M.D. Endowment Fund of the Oregon Community Foundation.

Give the gift of hope by making a gift to the Patient Aid Fund today.

### Ways to Give:

Online: [serenitylane.org/donations](https://serenitylane.org/donations)

Mail: Send check (payable to Serenity Lane) to Serenity Lane, PO Box 8549, Coburg, OR 97408

Phone: (541) 284-8618

*Pictured Left: Co-founders Dr. Thomas Kerns, Sam Graves and Lois O'Connor*



## Save the Date



## Serenity Lane's

Thirteenth Annual

## Community Service Awards

# 2023

Wednesday | October 25, 2023 | Venue 252

# Recovery Revealed: Breaking Down the Stigma

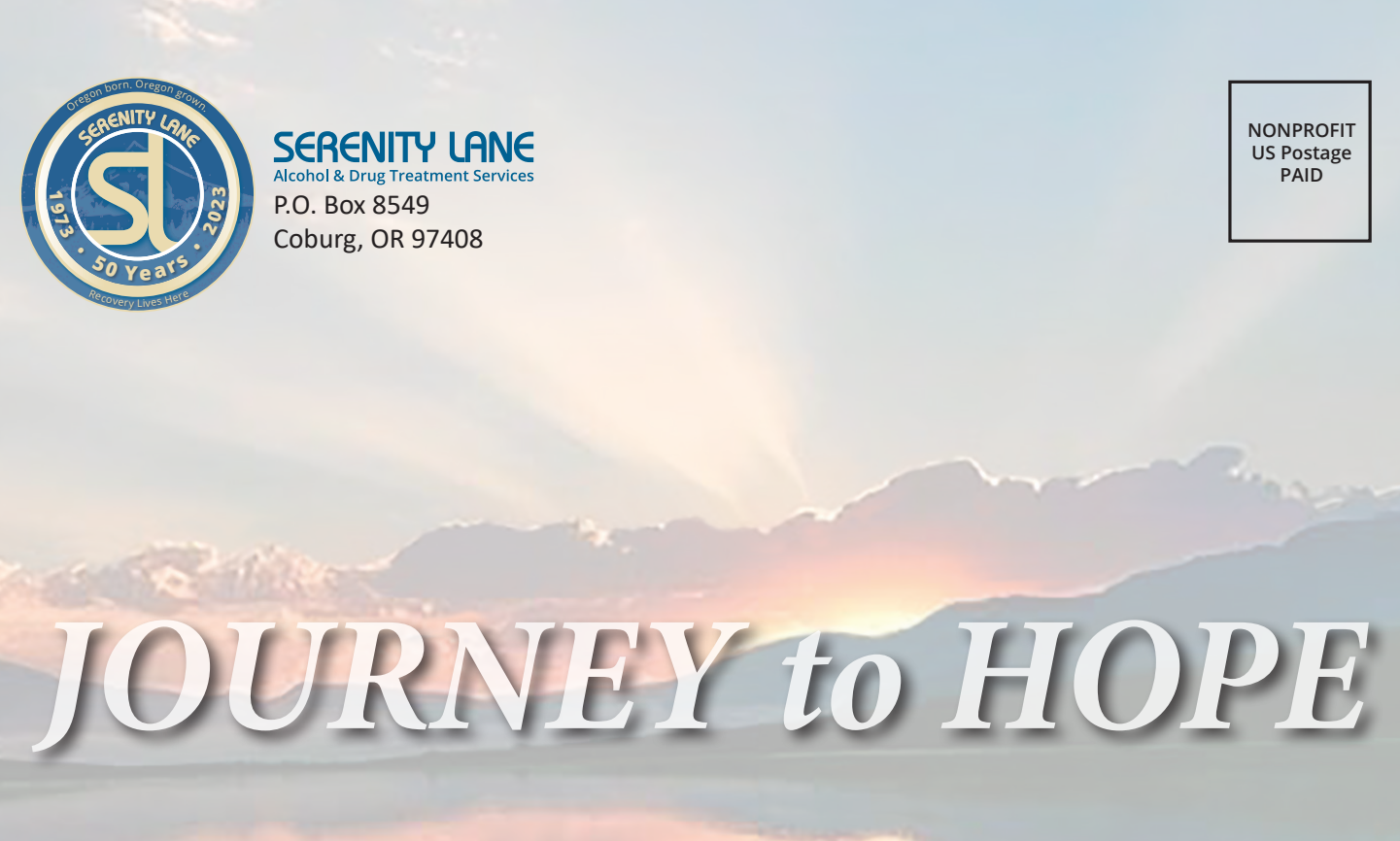
Education is one of many ways that we can help break down the stigma associated with the disease of addiction. Following are just a few examples of how we do this through our work at Serenity Lane:

- *Employer Services* – a free program to help employers navigate substance use in the workplace.
- *Recovery Revealed* – a guided tour of the Coburg campus, led by Pete Kerns, where participants learn about Substance Use Disorder and how people access treatment.
- *Continuing Education* – PhD and licensed staff conduct training in areas such as conflict resolution and de-escalation techniques, motivational interviewing, cognitive behavioral therapy, suicidality, co-occurring disorders and cultural competency and humility.

For more information about these services, email [sgraf@serenitylane.org](mailto:sgraf@serenitylane.org).



*Journey to Hope* is a bi-annual newsletter of Serenity Lane. You are receiving it because you are a valued supporter. If you do not wish to receive future publications, contact Suzanne Graf, [sgraf@serenitylane.org](mailto:sgraf@serenitylane.org).



**SERENITY LANE**  
Alcohol & Drug Treatment Services  
P.O. Box 8549  
Coburg, OR 97408

NONPROFIT  
US Postage  
PAID

