



SERENITY LANE ASAM
Alcohol & Drug Treatment Services **Levels of Care**

Level		Summary
4	Medically managed inpatient	Hospital unit admission addresses acute problems requiring primary medical and nursing care managed by a physician for acute detoxification.
3.5	Clinically managed high intensity residential	Patient needs 24-hour supportive addiction treatment • Patient environment is provocative to relapse • There is considerable likelihood of continued use or relapse with imminent serious/dangerous consequences • No need for 24-hour medical monitoring • No significant cognitive impairments • Needs 24-hour SUD addiction specialty, addiction supports to prevent acute emergency
2.5	Day Treatment	Patient is safe in outpatient treatment, but not able to engage in or progress in treatment without daily monitoring or management • Not ready for full immersion in the “real world” • For patients with OUD, can go to OTP • Physical health problems don’t interfere with addiction treatment but can be distracting and need medical monitoring e.g., unstable hypertension or asthma; chronic back pain
2.1	Intensive outpatient (IOP)	Patient can progress in treatment with supports while practicing new recovery skills and tools in the “real world” • For patients with OUD, can go to OTP
1	Outpatient therapy	Patient needs less than 9 hours per week of treatment. • Patient is committed to recovery, high level of readiness to change; problems are stable but need professional monitoring. Patient is able to engage in collaborative treatment. Or • Patient is in early stages of change and not ready to commit to full recovery. A more intensive Level of Care may lead to increased conflict, passive compliance or even leaving treatment. Or • Patient has achieved stability in recovery but needs ongoing monitoring and disease management.